

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN MEAL</b>	Pepperoni pizza GLUTEN/MILK/MUSTARD/SOYA	Bangers & mash GLUTEN/MILK/SULPHITES	Roast chicken dinner with Yorkshire pudding GLUTEN/EGG/MILK	Pasta Bolognese GLUTEN <i>Halal option – Veggie Bolognese</i>	MSC fish fingers bap FISH/GLUTEN/SOYA
<b>VEGGIE MEAL</b>	Margarita pizza GLUTEN/MILK	Veggie bangers & mash MILK/SOYA	Veggie roast dinner GLUTEN/EGG/MILK	Tomato penne pasta GLUTEN	Cheese & tomato panini GLUTEN/MILK
<b>SIDES</b>	Baked jacket wedges  Sweetcorn & carrots  Homemade bread GLUTEN	Mashed potato  Carrots, peas Gravy  Homemade bread GLUTEN	Roast potatoes  Roasted root vegetables Gravy  Homemade bread GLUTEN	Garlic bread  Plain pasta (GLUTEN) Green beans & broccoli  Homemade bread GLUTEN	Chips  Baked beans or peas  Homemade bread GLUTEN
<b>JACKET POTATO FILLINGS</b>	Baked beans Cheese – MILK Tuna mayo – EGG/FISH	Baked beans Cheese – MILK Tuna mayo – EGG/FISH	Baked beans Cheese – MILK Tuna mayo – EGG/FISH	Baked beans Cheese – MILK Tuna mayo – EGG/FISH	Baked beans Cheese – MILK Tuna mayo – EGG/FISH
<b>COLD SANDWICHES</b>	Cheese GLUTEN/MILK/SOYA Tuna mayo GLUTEN/EGG/FISH/SOYA Ham GLUTEN Chicken tikka wrap GLUTEN	Cheese GLUTEN/MILK/SOYA Tuna mayo GLUTEN/EGG/FISH/SOYA Ham GLUTEN Chicken tikka wrap GLUTEN	Cheese GLUTEN/MILK/SOYA Tuna mayo GLUTEN/EGG/FISH/SOYA Ham GLUTEN Chicken tikka wrap GLUTEN	Cheese GLUTEN/MILK/SOYA Tuna mayo GLUTEN/EGG/FISH/SOYA Ham GLUTEN Chicken tikka wrap GLUTEN	Cheese GLUTEN/MILK/SOYA Tuna mayo GLUTEN/EGG/FISH/SOYA Ham GLUTEN Chicken tikka wrap GLUTEN
<b>DESSERT</b>	Banana flapjack GLUTEN	Pineapple upside down cake with custard GLUTEN/MILK/EGG	Chocolate crunch GLUTEN/EGG	Strawberry cheesecake cake GLUTEN/MILK <i>MAY CONTAIN EGG/SOYA</i>	Pear & chocolate sponge with custard GLUTEN/EGG/MILK
AVAILABLE DAILY – SELF SERVE STATIONS SALAD BAR, FRUIT BAR & BREADS WATER & FRUIT JUICES					

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN MEAL</b>	Italian meatballs & pasta GLUTEN Halal recipe available in recipe pack	Cottage pie & gravy	Roast chicken dinner with Yorkshire pudding GLUTEN/EGGS/MILK	Chicken Korma & rice	Southern fried chicken goujon CELERY/GLUTEN/MUSTARD
<b>VEGGIE MEAL</b>	Veggie lasagne GLUTEN/MILK MAY CONTAINS EGG	Cheese & potato pie GLUTEN/EGG/MILK/MUSTARD	Swedish meatballs in gravy SOYA	Mexican vegetable tortilla pie GLUTEN/MILK/SOYA	Tomato & mozzarella pizza GLUTEN/Milk
<b>SIDES</b>	Garlic bread (GLUTEN)  Pasta (GLUTEN) peas & sweetcorn  Homemade bread GLUTEN	Mashed potatoes  Broccoli & carrots  Homemade bread GLUTEN	Roast potatoes & gravy  Carrots & cauliflower  Homemade bread GLUTEN	Plain rice Naan bread  Green beans  Homemade bread GLUTEN	Chips  Baked beans or peas  Homemade bread GLUTEN
<b>JACKET POTATO FILLINGS</b>	Baked beans Cheese – MILK Tuna mayo – EGG/FISH	Baked beans Cheese – MILK Tuna mayo – EGG/FISH	Baked beans Cheese – MILK Tuna mayo – EGG/FISH	Baked beans Cheese – MILK Tuna mayo – EGG/FISH	Baked beans Cheese – MILK Tuna mayo – EGG/FISH
<b>COLD SANDWICHES</b>	Cheese GLUTEN/MILK/SOYA Tuna mayo GLUTEN/EGG/FISH/SOYA Ham GLUTEN Chicken tikka wrap GLUTEN	Cheese GLUTEN/MILK/SOYA Tuna mayo GLUTEN/EGG/FISH/SOYA Ham GLUTEN Chicken tikka wrap GLUTEN	Cheese GLUTEN/MILK/SOYA Tuna mayo GLUTEN/EGG/FISH/SOYA Ham GLUTEN Chicken tikka wrap GLUTEN	Cheese GLUTEN/MILK/SOYA Tuna mayo GLUTEN/EGG/FISH/SOYA Ham GLUTEN Chicken tikka wrap GLUTEN	Cheese GLUTEN/MILK/SOYA Tuna mayo GLUTEN/EGG/FISH/SOYA Ham GLUTEN Chicken tikka wrap GLUTEN
<b>DESSERT</b>	Oaty apple crumble with custard GLUTEN/MILK	Fruit jelly	Banana & chocolate marble cake with custard GLUTEN/MILK/EGG	Lemon drizzle cake GLUTEN/EGG	Strawberry ice cream MILK

AVAILABLE DAILY – SELF SERVE STATIONS  
SALAD BAR, FRUIT BAR & BREADS  
WATER & FRUIT JUICES

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN MEAL</b>	Chicken & bacon pie <i>GLUTEN/CELERY/EGG/MILK</i>	Cheeseburger bun <i>GLUTEN/SOYA/MILK/SULPHITES</i>	Roast chicken dinner & Yorkshire pudding <i>GLUTEN/MILK/EGG</i>	Italiano chicken pasta <i>GLUTEN</i>	MSC fish & chips <i>FISH/GLUTEN</i>
<b>VEGGIE MEAL</b>	Sweet & sour veggie 'chicken' & noodles <i>GLUTEN/SOYA</i>	Mac 'n' cheese <i>GLUTEN/MILK/MUSTARD</i>	Veggie sausage, toad in the hole gravy <i>GLUTEN/EGG/MILK/SOYA</i>	Mozzarella & tomato panini <i>GLUTEN/MILK</i>	Veggie burger bun <i>GLUTEN/MILK/EGG/SOYA</i>
<b>SIDES</b>	Mashed potato  Broccoli & carrots  Homemade bread <i>GLUTEN</i>	Potato wedges  Sweetcorn & peas  Homemade bread <i>GLUTEN</i>	Roast potatoes  Roasted carrots & cauliflower  Homemade bread <i>GLUTEN</i>	Plain pasta  Green beans & sweetcorn  Homemade bread <i>GLUTEN</i>	Chips  Baked beans or peas  Homemade bread <i>GLUTEN</i>
<b>JACKET POTATO FILLINGS</b>	Baked beans Cheese – <i>MILK</i> Tuna mayo – <i>EGG/FISH</i>	Baked beans Cheese – <i>MILK</i> Tuna mayo – <i>EGG/FISH</i>	Baked beans Cheese – <i>MILK</i> Tuna mayo – <i>EGG/FISH</i>	Baked beans Cheese – <i>MILK</i> Tuna mayo – <i>EGG/FISH</i>	Baked beans Cheese – <i>MILK</i> Tuna mayo – <i>EGG/FISH</i>
<b>COLD SANDWICHES</b>	Cheese <i>GLUTEN/MILK/SOYA</i> Tuna mayo <i>GLUTEN/EGG/FISH/SOYA</i> Ham <i>GLUTEN</i> Chicken tikka wrap <i>GLUTEN</i>	Cheese <i>GLUTEN/MILK/SOYA</i> Tuna mayo <i>GLUTEN/EGG/FISH/SOYA</i> Ham <i>GLUTEN</i> Chicken tikka wrap <i>GLUTEN</i>	Cheese <i>GLUTEN/MILK/SOYA</i> Tuna mayo <i>GLUTEN/EGG/FISH/SOYA</i> Ham <i>GLUTEN</i> Chicken tikka wrap <i>GLUTEN</i>	Cheese <i>GLUTEN/MILK/SOYA</i> Tuna mayo <i>GLUTEN/EGG/FISH/SOYA</i> Ham <i>GLUTEN</i> Chicken tikka wrap <i>GLUTEN</i>	Cheese <i>GLUTEN/MILK/SOYA</i> Tuna mayo <i>GLUTEN/EGG/FISH/SOYA</i> Ham <i>GLUTEN</i> Chicken tikka wrap <i>GLUTEN</i>
<b>DESSERT</b>	Fruity flapjack <i>GLUTEN/SULPHITES</i>	Toffee apple sponge with custard <i>GLUTEN/EGGS/MILK</i>	Chocolate cookie <i>GLUTEN/EGG</i> <i>MAY CONTAIN MILK</i>	Banana muffins <i>GLUTEN/EGGS</i> <i>MAY CONTAIN MILK</i>	Chocolate milkshake & shortbread <i>GLUTENMILK</i>
<p>AVAILABLE DAILY – SELF SERVE STATIONS SALAD BAR, FRUIT BAR &amp; BREADS WATER &amp; FRUIT JUICES</p>					